

# Product Cataloge List

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### Whole Black Peppercorns

We offer you the finest quality black pepepr from Kerala. Pepper Berries are collected farm fresh and after removing all stones and other foreign particles, they are thoroughly washed in boiling water and dried under controlled conditions, the moisture is brought down to less than 11%.

#### **BLACK PEPPERCORNS**

Garbled or Un-garbled
Exotic flavour
Souced directly from farmers
Good Colour
Fresh, fruity, woody and pungent aroma
Robust flavour
Biting heat to taste
Well packed, so as to not break the shell
All main grades available: Malabar,
Tellicherry, Pinhead (1mm-2.5mm size)
and light berries (with and without husk).



Cardamom Tree

The cooling effects of cardamom, despite being a spice, can help in relieving acidity. Along with this, cardamom can also help in treating gastrointestinal issues like indigestion, nausea, vomiting, stomach pain and spasms



Kerala accounts for nearly 90% of the Nutmeg production in India. We offer you premium, high quality whole nutmegs.

#### WHOLE DRY NUTMEG

AB Quality
ABCD Quality
Good Colour
Great shape
Good size
Strong aroma
Good taste
Well packed, so as to not break the shell



Whole Nutmeg



We deal mainly in Calicut Quality Dried Ginger. Cochin quality dry ginger can be made available too, should that be a requirement. Dry ginger is mainly used as a digestive aid. Dried ginger also possesses various medicinal properties like anti-inflammatory, liver tonic, immune booster, anti-infective and cough depressant.

#### WHOLE DRY GINGER

Standard moisture content

Packed in 50Kg Bags

High quality dried or de-hydrated ginger
Brown colour
Handpicked
Non-bleached
Garbled or un-garbled grades available
Garbled (not less than 20mm size)
Un-garbled (small, cut pieces, less than 20mm)
Extraneous matter 1% max
Standard fibre content

#### Whole Dried Turmeric

Dried turmeric is made by peeling, boiling, and drying the rhizomes. These whole turmeric fingers (as they are called) are then packed and sold. Besides its use in cuisines worldwide, turmeric and its powerful ingredient, curcumin, has a range of health benefits. Antioxidants has the potential to prevent heart disease, eye conditions and Alzheimer's. Anti-inflammatory properties can help people with arthritis.



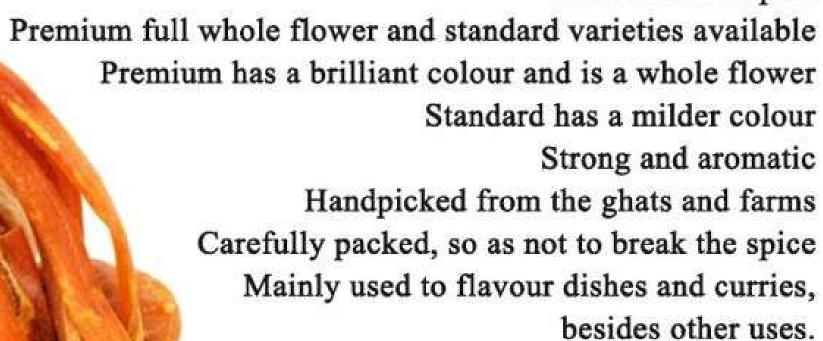
#### FRESH NILAMBUR WHOLE TURMERIC

Nilambur forest, fresh whole turmeric pods High premium quality Much sought after for making turmeric oil Packed in 50 kg Bags

## Whole Mace (Javitri)

#### PREMIUM, 100% NATURAL SPICE

Pure and rich spice



**Fully Husked Coconuts** 

#### FRESH BROWN COCONUTS

Large, Medium and Small sizes available.

Husked and Semi-Husked

Packaging in PP Bags

13 to 13.5 kg per bag weight

Coconuts have good water content with juicy flesh.



Semi-Husked Coconuts



#### Copra - Milling and Edible SELECTED KERNELS

Edible and Milling varieties available
Good brown colour outside and white inside
Free from fungus, insects and sun dried
Edible grade is used in the confectionary industry
Milling grade is used for premium coconut oil production
Packaging in PP Bags of 50 kg each

### Betel Nut, Arecanut, Supari

#### WHITE AND RED GRADES

As it is or Garbled

Handpicked

Several varieties available:

Mora (diameter +29mm)

Moti (diameter 25-29mm)

Sevardhan (diameter 20-25mm)

Jam Jini (diameter below 20mm)

inferior cutting quality

Packed in 65Kg Bags

Good premium quality

Good stock availability of all varieties



There are mainly two varieties of Arecanut, white and red. We are mainly dealing in the white variety, which is prepared by harvesting fully riped nuts and then sun drying them for around 40 to 50 days. After drying the nut, the shell of the nut is removed by hand/machine (process called garbling). The red variety is prepared by harvesting the tender (green) nuts, peeling the husk and then processing them as per the grade required (i.e., whole nut, two pieces, 8pieces, etc), boiling them in water and then sun drying them. We can source the red variety too, should that be the requirement.



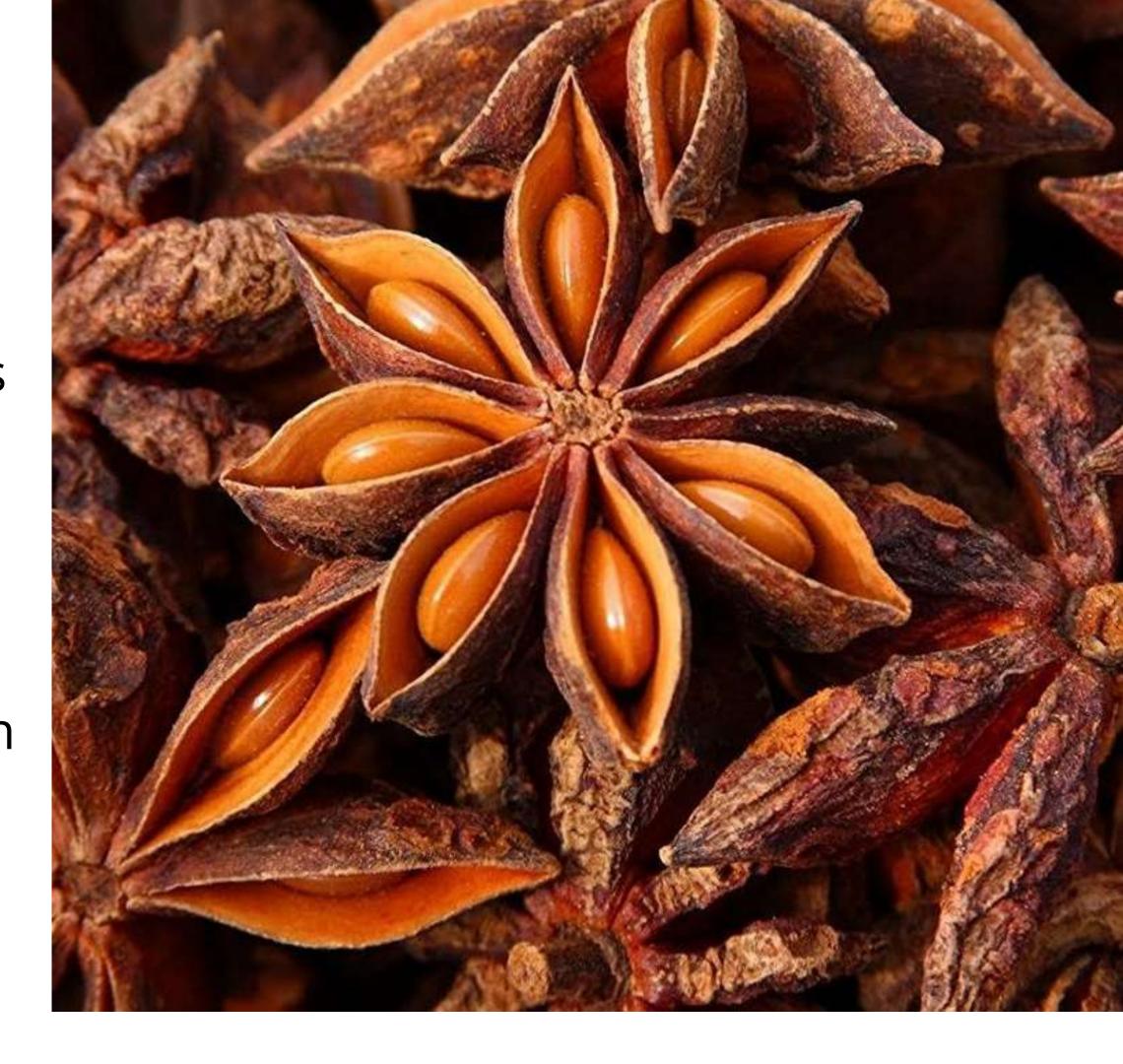
# ALL SPICE (SARVASUGANDHI)

The minerals, vitamins, and antioxidants found in allspice may have several health benefits. Many of the compounds in all spice are being studied as potential treatments for inflammation, nausea, and even cancer. Inflammation can aggravate injuries or infections.

# **STARANISE**

Star anise has been used in traditional medicine for thousands of years and has also been accepted into some medicine practices more recently.

Its rise in popularity is largely driven by its antimicrobial properties and pharmacological potential.





# NUTMEG

Nutmeg is found to have health benefits, including its ability to relieve pain, soothe indigestion, strengthen cognitive function, detoxify the body, boost skin health, alleviate oral conditions, reduce insomnia, increase immune system function, and prevent leukemia, and improve blood circulation

# **CLOVES**

Cloves are the dried flower buds of the Syzygium Aromaticum tree. For years, cloves have widely been used not only as a spice but also as a medicine for many ailments. It was traditionally used for curing tooth decay, digestive issues, bad breath, and even as an aphrodisiac.





# CINNAMON

It has anti-viral, anti-bacterial and anti-fungal properties. ... Contains antioxidants with anti-inflammatory effects.... Its prebiotic properties may improve gut health. ... Reduces blood pressure.... Lowers blood sugar and risk of type 2 diabetes. ... Relieves digestive discomfort.

# GARCINA (IMILI)

Garcinia cambogia is most often found in tea or as a supplement. Claims made in support of garcinia cambogia's potential benefits suggest that it can help weight loss, reduce appetite, lower cholesterol, improve rheumatism, and even relieve intestinal problems







# Tea & Coffee KERALA

It is well known that some of the best Coffees and Teas in the world are grown in India. No day is complete for an Indian without a few cups of tea or coffee freshly brewed. The best teas and coffees are grown on the hilly tracts of Kerala. Along with spices and innovative combinations, you will find the best and most invigorating beverages. No morning, late afternoon or evening will ever be complete without a cup of tea or coffee from our range.

# ADARSH GLOBAL IMPEX DAIVAPURACKAL, MAVELIKRARA-690101, KERALA, INDIA.

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### **Reg: LETTER OF INTRODUCTION**

We take this opportunity to introduce ourselves to you our company ADARSH GOBAL IMPEX is occupied in EXPORTING 100% Organic Spices collected directly from FARMERS from KERALA, INDIA.

Kerala is home to a variety of spices: pepper, vanilla, cardamom, clove, cinnamon, nutmeg, ginger and turmeric, Tea and Coffee. The flavour of spices lingers long in one's tongue and even longer in one's memory. Spices shaped Kerala's tryst with destiny. It was the fragrance of spice that awakened the curiosity of the explorers. The story of spices in Kerala is thousand years older and the major contribution of spice export from India is also from Kerala. Kerala has shown its dominance over spices and marked the richness of spices obtainable in its latitudinal area.

Situated in Southwestern part of India, it has served a wide range of vegetarian as well as non-vegetarian food in its cuisine.

Kerala is the "Spice Capital of India" and "Land of Spices". The trading business of spices in Kerala is very primitive including England and one of the oldest trading's of spices is with the Sumerians. So Kerala has become the leader of spices all over the world. The spice trade in Kerala is flourishing very well till date. There are numerous and varied types of spices grown in Kerala, some of them are listed below. Let's take a look at them:

We would be able to supply the spices as per your requirement. Please feel free to contact us if you have any further information/clarification in this connection.

# Regards,

Sivankutty
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